

A couple of things that we ask:

1. If you are afraid of or allergic to cats, please let us know as we have a therapy kitty who lives here at the clinic and works with patients.

- Four Winds Acupuncture Clinic & Integrative Therapies is a **SCENT-FREE ZONE**. Due to allergies and other sensitivity issues of patients/clients, providers, and therapy cat, the use of body sprays, essential oils, scented lotions, perfumes or colognes is not permitted. If you arrive to your appointment wearing any of the above you may be asked to leave.

2. If you are unable to fill out/ print out the paperwork, please arrive to the clinic 30 minutes prior to your appointment to fill out the paperwork.

3. If you are more than 15 minutes late for your appointment with no heads up to the office, We will not be able to see you that day. Please call ahead if you are going to be late and we will see if we can rearrange things.

If you are coming for an acupuncture appointment (Dr. Maya Noble, DOM, L.Ac.):

1. Eat something with protein before your appointment.
2. Wear or bring loose, comfortable clothing.

If you are coming for a counseling appointment (Victor Manocchio, LCSW):

1. Please bring your license or photo ID to your first appointment.
2. If you are using insurance, please bring your insurance cards with you as well.

If this is an E.A.P appointment please bring your authorization number and insurance cards to your first appointment with your license or photo ID.

REMINDERS:

Unless prior arrangements have been made, we require a **24-hour notice of cancellation**. Without this 24-hour notice, there is a 60.00 no-show/late cancellation fee.

Forms of payment accepted: Cash, Check, Credit and Debit. We do not bill insurance but we can issue you a bill to submit to your insurance company for you to be reimbursed. Please call your insurance company to verify if they cover acupuncture.

Please Note: If you are paying with a debit or credit card there is a 4% service fee.

We look forward to seeing you! If you have any questions, please do not hesitate to call!

[570-836-7777](tel:570-836-7777)

Dr. Maya W. Noble, DOM, LAc. - Doctor of Oriental Medicine, Licensed Acupuncturist
Victor J. Manocchio, LCSW – Licensed Clinical Social Worker

DIRECTIONS:

Directions from Wilkes-Barre area:

North on 309 to 29 North. Take 29 North all the way into Tunkhannock. Go past Walmart on the right, go across the bridge and railroad tracks. At that next light (CVS will be on the corner on the right) turn RIGHT. Go to the next traffic light (Dunkin Donuts will be on the corner on the right) and turn LEFT. Go to the stop sign (Hampton Inn will be in front of you) and turn RIGHT. At the next stop sign, you can only turn left. My clinic is the 2-story yellow house on the left. Turn up Sunnyside Road and park in the big parking lot where you see the white chains and signs. The entrance is between the trees on the left.

From Clark Summit/Scranton area:

6W to toward Tunkhannock. Shortly after you pass the 911 call center on the right and the wood chopping project on the right, you will come to a fork in the road. Ace Robbins Propane will be on the right. Stay to the RIGHT of the fork and slow down because Sunnyside road is at the end of the parking lot of Ace Robbins. You will see my 2-story yellow house which is the clinic diagonally across from the Ace Robbins parking lot. Take a hard, backwards right onto Sunnyside road and park in the big parking lot where you the white chains and parking signs.

From Wyalusing/Dushore/Meshoppen/e tc. area:

6E to Tunkhannock. Take the bypass and go through the light where CVS is on the corner. At the next light (Dunkin Donuts will be on the corner), turn LEFT. At the next stop sign, Hampton Inn will be directly in front of you, turn RIGHT. At the next stop sign, you can only turn left. My clinic is the 2-story yellow house on the left. Turn up Sunnyside Road and park in the big parking lot where you see the white chains and signs. The entrance is between the trees